

CONDUCTIVE WRIST GARMENT

Cut the top of the anti-static bag carefully and retain the bag for storage.

DESCRIPTION:

The wrist garment comes in left-hand and right-hand versions.

The conductive parts of the ankle garment are the two pale sections on the inside of the black neoprene wrap; these are silver and cotton electrodes.

When damp, they conduct the electrical pulses generated by your TENS unit.

SAFETY:

- Use only with approved TENS, ECS or EMS medical devices
- Always follow device manufacturer safety instructions
- Should skin irritation or rash occur, discontinue use

SKIN PREPARATION:

- Thoroughly wash and dry your skin; remove any jewellery
- Ensure there is no broken skin where you will be placing the electrodes

INSTRUCTIONS FOR USE:

- Lightly spray the two electrodes with pure water, drinkable water or an electrolyte spray; they should be damp but not dripping wet
- Connect the garment to your TENS device using your device connecting lead and the press stud adaptor leads; both electrodes must be connected
- Put your thumb through the opening and wrap the garment around your hand and wrist
- Secure the ends firmly with the velcro flaps
- Turn ON your device and choose the settings appropriate to your therapy needs
- If the sensation is prickly and uncomfortable, the electrodes are not damp enough
- When treatment is finished, turn your device OFF before removing the garment and then detaching the lead

PRODUCT CARE and DURABILITY:

- The silver component inhibits the reproduction of bacteria
- Between most uses, simply allow the garment to air dry
- When necessary, your garment can be hand washed in lukewarm water, using a mild detergent; rinse the garment and allow to air dry
- When 100% dry, replace the garment into its anti-static bag
- Store the bag in a cool, dry place; avoid exposure to high humidity
- DO NOT: (1) wash too frequently; (2) use hot water, abrasive detergent or bleach; (3) squeeze or spin the garment
- With proper care, the garment may be washed up to 100 times

Wrist garment – inside view



Wrist garment – back view



Connecting the lead



Wrist garment in place



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